

## Skin Care Protocol

### Dry or Sun Damaged Skin

#### Cleanse

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- AM **PM**      **Gentle Cream Cleanser**
- AM **PM**      **Pure Exfoliating Cleanser** (1x a week)
- AM PM      Fresh Gel Cleanser
- AM** PM      **Hydrating Water Essence** (light cleanser)

#### Tone

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- AM** **PM**      **Mineral Mist**                      Rejuvenating      Clarifying

#### Moisturize

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- AM PM      Essential Day Lotion
- AM** PM      **Vital Day Cream**
- AM** **PM**      **Transformation Eye and Neck Serum** (Use on entire face 2x a week)
- AM **PM**      **Renewal Night Cream**
- AM PM      Nourish Moisture Gel
- AM PM      PhytoNutrient Serum              *Rejuvenating*      *Hydrating*

#### Extra Care

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- AM PM      Honey Mint Lip Balm
- AM PM      FlowerFusion Hand Cream
- AM PM      Restore Propolis Balm
- AM PM      HerbalFusion Face and Body Oil

#### Masks

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- AM **PM**      **Regenerating Oatmeal Mask** (1x a week)
- AM PM      Purifying Deep Pore Mask

Notes

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**8 products**

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**4 in AM & 6 in PM**

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**1 Mask**

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