

Skin Care Protocol

Mature Skin

Cleanse

- AM **PM** Gentle Cream Cleanser
- AM **PM** Pure Exfoliating Cleanser (1x a week)
- AM PM Fresh Gel Cleanser
- AM** PM Hydrating Water Essence (light cleanser)

Tone

- AM** **PM** Mineral Mist *Rejuvenating* *Clarifying*

Moisturize

- AM PM Essential Day Lotion
- AM** PM Vital Day Cream
- AM** **PM** Transformation Eye and Neck Serum
- AM **PM** Renewal Night Cream
- AM PM Nourish Moisture Gel
- AM PM PhytoNutrient Serum *Rejuvenating* *Hydrating*

Extra Care

- AM PM Honey Mint Lip Balm
- AM PM FlowerFusion Hand Cream
- AM PM Restore Propolis Balm
- AM PM HerbalFusion Face and Body Oil

Masks

- AM **PM** Regenerating Oatmeal Mask (1x a week)
- AM PM Purifying Deep Pore Mask

Notes

8 products

4 in AM & 6 in PM

1 Mask
